



PROACTIVE HOME CARE



**We can help you take a breath,
maybe even two or three.**

Sometimes the tasks of daily living become overwhelming, especially as we grow older or face illness. You've always taken pride in being independent—and still, you could use some help.



ProActive Home Care is a family owned business that provides skilled caregivers and other in-home services so you can continue to live at home. From light housekeeping to skilled nursing care, we'll keep your home life running smoothly and primed for good health.



Helping you live proactively

Our vision is to help you live proactively and to your fullest—whatever your age and stage in life. Our Health Hub puts you first as we make your home a safe and effortless place to live.

Companion care

If it's no longer safe or comfortable to be alone, our friendly and respectful caregivers are ready to help with transportation, errands and social outings, meal preparation, medication reminders, and light housekeeping.

Daily personal care

We'll help you look and feel your best, by assisting with bathing and showering, toileting, dressing, dental care, and morning and evening routines.

Care for a disability

If you have a physical or mental disability, our goal is to support you to live with meaning and purpose. Count on us for respectful care with a light touch.

Care management

Whether you are facing a health transition or simply planning ahead, we'll advocate for you. ProActive's care managers can coordinate your discharge from the hospital, help your family find community resources to support your care plan, schedule medical appointments, and organize household chores. We can also advise you on options for where to live safely as you grow older.

Care after surgery

These days, people are discharged from hospitals very quickly after surgery, yet many need help at home while they recover. Our caregivers can help you heal in the

comfort of your home—often helping you avoid nursing homes or rehabilitation facilities.

Home health

If you are ill or recovering from surgery at home, your doctor may prescribe treatments that should only be performed by a registered nurse, physical therapist, or other clinician. Our home health providers follow your doctors' instructions meticulously, coordinating and updating them frequently. We keep detailed medical records, benefiting your entire health care team and family.

Respite care

Caring for a spouse or family member who is seriously ill can take a toll on family, who absorb the pressure both physically and emotionally. Our team will step in—for a few hours or as long as you need—to give you time to recharge or tend to your personal affairs.

ProActive care plans

Most home care begins following an accident at home. We help you avoid poor outcomes through periodic visits by an occupational therapist to determine when it's time to install safety equipment or start receiving caregiver support.

Extra support to age in place

We offer other services that make life easier—such as pet care, technology and computer support, lawn and garden care, nutrition counseling, and home-safety assessments and retrofitting.

Why choose ProActive?

A higher standard in caregiving

We pay our professionals a salary that's higher than the industry's average to attract the best and most reliable caregivers. A better salary reflects the true value and meaning of their work.

Experience managing transitions

Home care may be a new experience for you, and asking for help may be uncomfortable for an independent person. Our job is to provide all the support you need to pursue the parts of life that are most important to you.

Leading-edge technology

We keep electronic medical records that are compatible with health providers. We can also set up a health station in your home complete with Philips LifeLine®, automatic medication dispenser, defibrillator, a personal iPad to keep your care team connected and records current, plus a frequently updated health summary printout for emergency responders. We also offer computer training and technical support so you can enjoy all types of media and stay in touch with friends and family.

Peace of mind

You can be assured that someone is standing by, ready to help, and you are not alone. We offer more of what today's families need—clear communication, digital tools and a vast referral network of home services.

Flexibility

Whether you require 24/7 care or just a few hours a week, we'll be there wherever you call home—whether it's a personal residence or a retirement community.



Our caregivers

It's a big decision to trust your care to someone else. We take that responsibility very seriously. Our caregivers are experienced, dependable, and kind.

Safe and reliable

We perform federal background checks on all of our caregivers to screen for a criminal record. We also screen and randomly test for drug use. All caregivers are licensed as certified nursing assistants or home care aides. They are also bonded and insured.

Well-trained

Staff have been trained on safe transfers, food handling, infection control, and best practices for key medical conditions. Once hired, our caregivers continuously receive additional training from our clinical director to match your specific needs.

Thoughtfully paired

We'll do all we can to match you with caregivers who have the experience you need and the right personality fit. You may also choose a male or female caregiver.



Pricing



ProActive charges an hourly rate for direct services, plus a monthly Health Hub subscription fee.

Call us today for a free personal consultation and customized quote. We'll also help you understand your insurance coverage so you can make the best care decisions.

All ProActive clients receive these Health Hub benefits

- ▶ Compatible electronic medical record
- ▶ Weekly, updated health record posted in your home for emergency preparedness
- ▶ Periodic visits by an occupational therapist
- ▶ Referrals to screened vendors and professionals

Call us at
1-877-577-6228
for a personal-
ized consultation
and quote.

Contact

Be proactive about your future and call us today! We are honored to talk with you about the important decisions you are considering.

ProActive Home Care
Arboretum Court
3131 East Madison, Suite 203
Seattle, WA 98112

web ProActiveHomeCare.com
ph 1-877-5-PROACTIVE (877-577-6228)
fax 1-877-671-3066
email Info@ProActiveHomeCare.com



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